ORNISH PASTY CO SIGNATURE PASTIES **VEGAN & VEGETARIAN PASTIES**

	VEGAN & VEGETAMAN TASTIE
Cubano \$19 House pulled Mojo pork, ham, swiss cheese, dill pickles, and yellow mustard. Served with mustard cream sauce, spicy mustard, or extra	Vegan Oggie\$16.5Portobello, potatoes, rutabaga and onions.Served with a side of ketchup or housemade steak sauce.
yellow mustard.	Vegan Royale With Cheese\$1
Carne Adovada\$18.50New Mexican style pork red chili stew, Mexicanrice, hatch chili, and cheddar with sides of sourcream and salsa.	Beyond Meat Patty, french fries, grilled onion, veggie bacon, button mushroom, and vegan cheese. Choice of ketchup or BBQ sauce Vegan Carne Adovada \$1
Chicken Tikka Masala (Red Curry) \$17	
Marinated chicken breast, tikka masala sauce, green bell pepper and potato. Served with minted-yogurt	New Mexican style Jackfruit red chili stew, Mexican rice, hatch chili, and vegan cheese with a side of salsa
Meatball \$17	Vegan Cottage Pie \$16.5
Housemade Meatball, fresh basil, marinara, and fresh mozzarella. Vegan ground beef, peas, carrots, grilled mashed potatoes, and vegan cheese with a of housemade steak sauce	
Lovely Bit a Salmon \$19	Cheese and Onion \$15.5
Marinated salmon, white wine and cream dill sauce, sautéed asparagus, garlic roasted tomato, spinach and red potato.	Potatoes, rutabaga, English cheddar, and onions with a side of marinara, ketchup, or housemade steak sauce.
Peppered Steak\$19	Veggie Balsamic Portobello \$16.5
Sirloin in a peppercorn brandy cream sauce, sautéed portobello, leeks, zucchini and Stilton English blue cheese	Balsamic marinated portobello mushrooms, fresh mozzarella, roasted red peppers, spinach and fresh basil with a side of marinara.
The Pilgrim\$18	Veggie Chicken Tikka Masala (Red Curry) \$17.5
House roasted turkey, sweet potato, grilled onion and housemade stuffing. Served with red wine gravy and cranberry sauce.	Veggie chicken, tikka masala sauce, green bell peppers and curried potatoes with choice of mint- yogurt or tahini.
Portobello Chicken \$17.50	Veggie Mexican \$16.5
Chicken, fresh mozzarella, balsamic marinated portobello, roasted red peppers, fresh basil and marinara.	Mexican spiced Impossible brand vegetarian ground beef, egg, potato, hatch chili, and cheddar with sides of sour cream and salsa.
Reuben \$19	with sides of sour cream and saisa.
Pastrami, corned beef, housemade sauerkraut and Swiss with a side of 1000 Island.	
Guinness Stew \$18	www.cornishpastyco.com
Steak simmered in a Guinness gravy, with red	*Consuming raw or undercooked meats,
potato, mushrooms, carrot, and celery. Layered with cheddar, sautéed leeks and cabbage. Served with sour cream and chive.	poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

French Dip \$18.50

House roasted beef, onions and Swiss cheese. Served with a horseradish sour cream and au jus. \$16.50

\$16

\$17



Steak, potato, onion, and rutabaga (swede) with a side of red wine gravy or ketchup. \$18 **Pork and Apple** Pork, potato, apple, onion, and sage with a side of red wine gravy. \$19 Lamb and Mint Lamb, potato, rutabaga, onion, and fresh mint with a side of red wine gravy. **Bangers and Mash** \$17.50 House pork and sage sausage, grilled onion, mashed potato, with a side of red wine gravy. \$17.50 **Meat and Cheese** House pork and sage sausage, cheddar, and Swiss. Choice of red wine gravy, HP, or mustard cream sauce. \$17.50 The Royale with Cheese Hamburger, french fries, grilled onion, bacon, portobello mushroom, and cheddar-Swiss blend. Choice of ranch, 1000 island, ketchup, or BBQ sauce. Shepherd's Pie (Lamb) or \$19/\$17.50 **Cottage Pie (Ground Beef)** Ground minted lamb or seasoned ground beef. With peas and carrots, grilled onion, mashed potato, and cheddar. Served with a \$17.50 side of red wine gravy. **Chicken Pot Pie** Chicken, carrots, red potato, green peas, celery, and \$18 onion in a rosemary and chicken gravy. **Cajun Chicken** Spicy Cajun chicken breast, bacon, ham, and Swiss Served with a side of chipotle sauce. \$18 Italian Pepperoni, salami, capocollo, ham, fresh mozzarella, fresh basil, and roasted tomato with a side of marinara. \$17.50 Mexican Mexican-spiced and simmered steak, potato, egg, hatch chili, and cheddar with a side of sour cream

and salsa.

The Oggie (The Traditional Pasty)

\$16

KNISH PAS' APPETIZERS & SOUPS SALADS



HISTORY

The Cornish pasty originates from Cornwall (Southwest England) and can be traced back as far as the 13th century. Mining was once a thriving industry in Cornwall and at that time pasties were baked by the wives and mothers of the tin miners. Pasties were made with a thick crimped edge along one side so the miners could use the crimp as a handle to hold onto while eating. The hands of the miners would often be covered in arsenic from the mine, so the miners would discard the handle when they were done. The crusts were never wasted though, as many miners believed that ghosts, or "knockers", inhabited the mines and their leftover crusts would keep these ghosts content.

Traditionally, pasties were made with different fillings at each end; one end containing meat and vegetables, and the other end with a sweet filling. The sweet end would be marked with an initial so the miners knew what side to eat first. Today, Cornish Pasties are filled with steak, potatoes, swede (rutabaga) and onions.

At one time Cornwall had nearly 2,000 flourishing tin mines, but by the 1880's tin mining had become a rapidly declining industry. At this time, Cornish miners began immigrating to Michigan's Upper Peninsula for copper mining, bringing with them the tradition of pasties. Cornish Pasties are well known throughout mining towns across America as well as the British Isles.

TEA, COFFEE, & SOFT DRINKS

Fountain Coke, Diet Coke, Dr Pepper, Sprite, Root Beer	\$4
Homemade Lemonade (\$2 refills)	\$5
Fresh Brewed Iced Tea Ask your server for selections.	\$4
Coffee	\$3.50
PG Tips British Hot Tea (Pot)	\$3.50

MENU KEY

V = Vegetarian **AV** = Available Vegetarian

GF = Gluten Friendly **AGF** = Available Gluten Friendly

V = Vegan **AV** = Available Vegan

Soups made from scratch. Served with housemade bread and butter **Cup \$8 Bowl \$12**

Cream of Leek, Potato & Stilton V AGF

Cream of Tomato with Croutons V AGF

Mushroom, Walnut & Spinach V

Spicy Red Pepper Chicken with Black Beans & Rice AGF

Cornish Meatballs	\$13
Housemade meatballs wrapped in bacon, with sautéed on in a white wine mustard gravy.	10115,
Scotch Egg Soft boiled egg wrapped in house pork with sage sausage and breadcrumb with choice of honey mustard, housemade steak sauce, or brown mustard sauce.	\$8.50 e
Chicken Liver Pâté Housemade chicken liver pâté with housemade toasted br butter, and red onion marmalade.	\$13 read,
Tandoori Wings GF	\$10.50
Chicken tandoori marinade, oven baked. Served with leme mint yogurt dip.	on
Parliament Wings	\$10.50
House of Parliament sauce, with honey and spice. Served Stilton blue cheese dip.	with

SIDES

Housemade Bread with Butter V	\$5
Garlic & Herb Roasted Red Potatoes GF 🔇	\$8
Garlic Mashed Potatoes with Cheese GF AV	\$8.50
Curried Potatoes GF AV	\$8
Chips GF 💟 Hand cut British style chips, cooked with cracked pepper at sea salt. Add garlic, jalapeño, add/or cheddar cheese (+\$0. and/or bacon (+\$2).	
Mushy Peas GF 💟	\$7
Housemade Coleslaw (Cornish Style) GF	\$5
Broccoli & Cauliflower Cheese Bake V	\$10
Proteins GF Chicken, Tikka Chicken, Veggie Tikka or Vegan Chicken, Pork and Sage Sausage, Salmon (\$10)	\$7.50

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Add Chicken, Tikka Chicken, Veggie Tikka or Vegan Chicken, Pork and Sage Sausage \$7.50, Salmon \$10

Garden Salad GF V	Half \$8	Full \$11.50
Mixed greens, red onion, cucumber, and cherry tomatoes with		
choice of white balsamic V or lem	ion pesto dressi	ng. 🔽

Greek Salad GF V **Half** \$10 Full \$12.50 Mixed greens, feta, kalamata olive, red onion, cherry tomatoes, and cucumber with choice of white balsamic \mathbf{V} or lemon pesto dressing.

Caesar Salad	AGF	Half \$9.50	Full \$11.50
Caesar Salau	AUI	Hall 39.30	FUII \$11.30

Mixed greens with parmesan and homemade croutons. Tossed in our housemade Caesar dressing.

Half \$15 Full \$17.50 Chicken Tikka Salad GF AV

Chicken breast marinated and baked in Indian spices. Served over mixed greens tossed in mint-yogurt dressing with cherry tomatoes, cucumber, walnuts, red grapes and red onion.

Pasta Salad V AV

Half \$10.50 Full \$15.50

Pasta, feta and parmesan, sun dried tomato, artichoke, kalamata olive, roasted red pepper, red onion, and fresh spinach. Tossed in lemon pesto dressing.

Beet Salad V GF

\$14

Roasted beets, Bleu cheese, spring mix, fresh mint, walnuts, tomato. Tossed in a white balsamic & citrus dressing

DESSERTS (Serves 1 - 2)

Side of Vanilla Ice Cream	\$5
Apple Caramel Pasty Apples, cinnamon, and caramel baked inside pastry. Set	
withchoice of ice cream and/or fresh whipped cream or	i the side.
Eton Mess Housemade crisp meringue, freshly whipped cream, an mixed berry compote	\$12 d a
Banoffee Pie	\$13
Graham cracker crust, layered with housemade caramel whipped cream, and topped with sliced bananas.	, fresh
Peanut Butter & Jelly Pasty A💟	\$12
Peanut butter, bananas and raspberry jelly baked inside pastry. Served with choice of whipped cream or ice creat raspberry coulis.	
Sticky Toffee Pudding	\$13.50
Toffee drenched sponge cake with dates, served hot with anglaise or ice cream.	crème
Chocolate Bread & Butter Pudding	\$14
Housemade bread baked in rich chocolate brandy sauce crispy on the outside, warm and moist on the inside with of crème anglaise or ice cream.	



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